

# February 2022

## The Brooks of Cibolo Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Resident Birthdays</b></p> <p>Maybelle L. 2/3 Lynda M. 2/10 John E. 2/13 Vera R. 2/18 Katheryn F. 2/22</p>	<p><b>Chinese New Year National Texas Day 1</b></p> <p>10:00 Group Exercise Class [FR] 10:45 Card Game: Uno [MP] 1:00 Fitness Equipment 101 [FR] 2:00 <b>Menu Chat w/Chef Kris [FDR]</b> 2:00 Wii Bowling [MR] 3:00 Quarter Bingo w/Joanna [MP] 4:00 <b>Documentary on the Great State of Texas [MR]</b> 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>Groundhog Day 2</b></p> <p>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 10:30 🚗 <b>Lunch Outing: Abel's Diner [L]</b> 10:30 Resident Game of Choice [MP] 1:00 Diamond Dot Club [A] 2:00 Dominoes 3:00 Rummikub Club [MP] 4:00 Puzzle Time [MP] 6:00 Evening Movie: Groundhog Day [MR]</p>	<p><b>10:00 Group Exercise Class 3</b></p> <p>10:45 Banana Grams Game [MP] 1:00 Poker Club [MP] 1:30 Scrabble [MP] 2:00 Wii Bowling [MR] 3:30 <b>New Resident Meet and Greet Social [FDR]</b> 4:00 Yahtzee 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>Wear Red! Heart Awareness Day Winter Olympics Begin 4</b></p> <p>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 10:45 Art Throbs Club: Heart Door Sign [A] 1:00 Bridge Club 1:00 Diamond Dot Club [A] 1:00 Rummikub Club [MP] 2:00 Mexican Train Dominoes [MP] 3:00 Fruity Friday Smoothies [BB] 6:00 <b>Movie Night w/Logan: "Georgia Rule" (Hulu) [MT]</b></p>	<p><b>10:00 Chair Exercise [FR] 5</b></p> <p>10:45 Crafting w/Nysa: Yarn Wrapped Heart [A] 1:00 Netflix Movie Matinee: [MR] 1:30 <b>Resident Dog Photo Shoot for Dog Spa [MP]</b> 2:30 Wii Bowling [MT] 3:00 Rummikub Club 3:30 Corn Hole 6:00 Movie and Popcorn: Resident Choice [MR]</p>	
<p>9:30 🦋 Church Service Service: Live Stream w/First Baptist [MT] <b>6</b></p> <p>10:30 Coffee and Table Games w/ Nysa [BB]</p> <p>11:00 Yahtzee w/Nysa 1:00 Netflix Movie Matinee: [MR] 1:30 Billiards w/Nysa [MP] 2:30 Sundae Funday! [BB] 3:00 Bingo [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise Class [FR] 7</b></p> <p>10:45 Rummikub Club [MP] 1:00 Diamond Dot Club [A] 1:00 Dominoes Club [MP] 1:30 🚗 HEB/Walmart Shopping Trip: Sign-up Required 2:30 Ambassador Meeting w/ Carlye and Ashleigh [MR] 3:00 Let's Learn Canasta [MP] 6:00 Bible Study [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise Class [FR] 8</b></p> <p>10:45 Card Game: Crazy Eights [MP] 1:00 Fitness Equipment 101 [FR] 2:00 <b>Food Demo with Chef Kris [FDR]</b> 2:00 Wii Bowling [MR] 3:00 Quarter Bingo [MP] 4:00 Puzzle Table Time [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 9</b></p> <p>10:30 🚗 <b>Lunch Outing: Buttermilk Cafe [L]</b> 10:30 Resident Game of Choice [MP] 1:00 Diamond Dot Club [A] 2:00 Dominoes 3:00 Rummikub Club [MP] 4:00 Puzzle Time [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise Class 10</b></p> <p>10:30 🦋 <b>Wellness Chat: Benefits of Keeping Active and Fit 10</b> 1:00 Poker Club [MP] 1:30 Scrabble [MP] 2:00 <b>Town Hall Meeting [FDR]</b> 2:00 Wii Bowling [MR] 3:00 Thirsty Thursday 4:00 Yahtzee 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 11</b></p> <p>10:45 Art Throbs Club: Step by Step Heart Painting [A] 1:00 Bridge Club 1:00 Diamond Dot Club [A] 1:00 Rummikub Club [MP] 1:30 🚗 <b>Outing: Historic Tour of Cibolo w/ Judy Womack</b> 2:00 Mexican Train Dominoes [MP] 3:00 Fruity Friday Smoothies [BB] 4:30 Movie and Popcorn: Resident Choice [MT]</p>	<p><b>10:00 Chair Exercise [FR] 12</b></p> <p>10:45 Crafting w/Nysa: Kissing Ball [A] 1:00 Netflix Movie Matinee: [MR] 1:30 Relax and Paint w/Nysa: Step by Step Peacock Painting [A] 2:30 Wii Bowling [MT] 3:00 Rummikub Club 3:30 Putt Putt Golf [PG] 6:00 Movie and Popcorn: Resident Choice [MR]</p>
<p><b>Galentine's Day Super Bowl Sunday 13</b></p> <p>9:30 🦋 Church Service Service: Live Stream w/First Baptist [MT] 11:00 Skip-Bo Card Game [MP] 1:00 Netflix Movie Matinee: [MR] 2:00 <b>Galentine's Tea Party [FDR]</b> 3:00 Bingo [MP] 5:00 Super Bowl Watch Party [MR]</p>	<p><b>Valentine's Day 14</b></p> <p>8:00 <b>Valentine's Day Breakfast [DR]</b> 10:00 Group Exercise Class [FR] 10:45 Rummikub Club [MP] 1:00 Diamond Dot Club [A] 1:00 Dominoes Club [MP] 1:30 🚗 HEB/Walmart Shopping Trip: Sign-up Required 2:30 Ambassador Meeting w/ Carlye and Ashleigh [MT] 3:00 <b>Valentine's Social: Music with TJ! [FDR]</b> 6:00 Bible Study [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise Class [FR] 15</b></p> <p>10:45 Card Game: Uno [MP] 11:30 🦋 <b>Veteran's Lunch w/Rodger (RSVP) [FDR]</b> 1:00 Fitness Equipment 101 [FR] 1:30 Learn to Play Canasta [MP] 2:00 Wii Bowling [MR] 3:00 Quarter Bingo [MP] 4:00 Scrabble [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 16</b></p> <p>10:30 🦋 <b>Lunch Outing: GG's Cafe [L]</b> 10:45 Resident Game of Choice [MP] 1:00 Diamond Dot Club [A] 2:00 Dominoes 3:00 Rummikub Club [MP] 4:00 Puzzle Time [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise Class 17</b></p> <p>10:45 Calendar Chat w/ Carlye [MP] 1:00 Poker Club [MP] 1:30 Scrabble [MP] 2:00 Wii Bowling [MR] 3:30 <b>Pre-Dinner Cocktail Social Hour [MP]</b> 4:30 <b>Broadway Themed Dinner: Chicago [DR]</b> 6:00 <b>Movie Night w/Logan : Chicago [MR]</b></p>	<p><b>National Wine Day 18</b></p> <p>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 10:45 Art Throbs Club: Alcohol Ink Painting [A] 1:00 Bridge Club 1:00 Diamond Dot Club [A] 1:00 Rummikub Club [MP] 2:00 Mexican Train Dominoes [MP] 4:00 <b>Wine Tasting Social [FDR]</b> 4:30 Movie and Popcorn: Resident Choice [MT]</p>	<p><b>10:00 Chair Exercise [FR] 19</b></p> <p>10:45 Crafting w/Nysa: Mason Jar Flower Bouquets [A] 1:00 Netflix Movie Matinee: [MR] 1:30 Relax and Paint w/Nysa: Step by Step "Cardinal in the Snow" [A] 2:30 Wii Bowling [MT] 3:30 Jeopardy [MP] 6:00 Movie and Popcorn: Resident Choice [MR]</p>
<p><b>National Muffin Day 20</b></p> <p>9:30 🦋 Church Service Service: Live Stream w/First Baptist [MT] 10:00 Muffins and Coffee Social [MP] 11:00 Crazy Eights Card Game [MP] 1:00 Netflix Movie Matinee: [MR] 1:30 Billiards w/Nysa [MP] 2:30 Sundae Funday! [BB] 3:00 Bingo [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>Presidents' Day 21</b></p> <p>10:00 Group Exercise Class [FR] 10:00 HEB/Walmart Shopping Trip: Sign-up Required 10:45 Rummikub Club [MP] 11:30 <b>Resident Birthday Month Lunch [FDR]</b> 1:00 Diamond Dot Club [A] 1:00 Dominoes Club [MP] 2:00 <b>President's Day Trivia w/Tiffney [MP]</b> 3:00 Green Thumb Club: Botanical Wood Slices [A] 6:00 Bible Study [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>National Margarita Day 22</b></p> <p>10:00 Group Exercise Class [FR] 10:45 Card Game: Phase 10 [MP] 1:00 Fitness Equipment 101 [FR] 2:00 Wii Bowling [MR] 2:30 <b>Margarita Madness w/ Luis [AR]</b> 3:00 Quarter Bingo [MP] 4:00 Puzzle Table Time [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 23</b></p> <p>10:45 Uno [MP] 1:00 Diamond Dot Club [A] 2:00 Dominoes 3:00 Rummikub Club [MP] 3:30 <b>Pre-Dinner Cocktail Social [MP]</b> 4:30 <b>"Prime 12" Pop-Up Restaurant w/ Live Music [DR]</b> 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise Class 24</b></p> <p>10:45 Chicken Foot Dominoes [MP] 1:00 Poker Club [MP] 1:30 Scrabble [MP] 2:00 Wii Bowling [MR] 3:00 <b>Thirsty Thursday: Live Music w/ Lisa Marie [FDR]</b> 4:00 Yahtzee 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>10:00 Group Exercise: Range of Motion Stretching Workout [FR] 25</b></p> <p>10:30 🚗 <b>Mystery Lunch Outing [L]</b> 10:45 Resident Game of Choice [MP] 1:00 Bridge Club 1:00 Diamond Dot Club [A] 1:00 Rummikub Club [MP] 2:00 Mexican Train Dominoes [MP] 3:00 Fruity Friday Smoothies [BB] 6:00 Movie and Popcorn: Resident Choice</p>	<p><b>10:00 Chair Exercise [FR] 26</b></p> <p>10:45 Crafting w/Nysa: Marble Magnets [MP] 1:00 Netflix Movie Matinee: [MR] 1:30 Relax and Paint w/Nysa: Step by Step "Whimsical Clovers" [A] 2:30 Wii Bowling [MT] 3:00 Rummikub Club 3:30 Farkle 6:00 Movie and Popcorn: Resident Choice [MR]</p>
<p><b>National Kahlua Day! 27</b></p> <p>9:30 🦋 Church Service Service: Live Stream w/First Baptist [MT] 10:00 Scrabble 11:00 Yahtzee w/Nysa 1:00 Netflix Movie Matinee: [MR] 1:30 Billiards w/Nysa [MP] 2:30 <b>Kahlua Mudslides w/Nysa [AR]</b> 3:00 Bingo [MP] 6:00 Evening Movie: Resident Choice [MR]</p>	<p><b>28</b></p> <p>10:00 Group Exercise Class [FR] 10:00 HEB/Walmart Shopping Trip: Sign-up Required 10:45 Rummikub Club [MP] 1:00 Diamond Dot Club [A] 1:00 Dominoes Club [MP] 2:30 Ambassador Meeting w/ Carlye and Ashleigh [MT] 3:00 Green Thumb Club: Wine Cork Succulent Magnet [A] 6:00 Bible Study [MP] 6:00 Evening Movie: Resident Choice [MR]</p>		<p>"When it rains, look for rainbows. When it's dark, look for stars." — Unknown</p>		<p>Please Sign-Up for our Outings. This month we will take a trip and learn about the history of Cibolo! Plus we will revisit some of our favorite restaurants!</p>	