


Winter 2023 - 24

Civitas Sample Assisted Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You - Seated Exercise [AR] 10:30 🏠 Shopping at the Grocery Store 2:00 🎲 Prize Bingo [AR] 3:00 🏠 Resident Council Meeting [AR] 4:00 🏠 Legacy University [AR] 6:00 🏠 Musical Guest	2 9:00 🦋 Prayer Circle - All Welcome [AR] 10:00 🏠 Fit For You - Cardio Drumming [AR] 10:30 🎲 Wellness Education Series with Wellness Director [AR] 2:00 🏠 Cooking Demo with Chef [BSO] 3:30 🏠 Weekly Mahjong Club 6:00 🎲 Documentary Series - The World Around us	3 10:00 🦋 Fit For You, Yoga and Meditation! [AR] 10:30 🏠 Bowling at The Local Lanes Lunch 2:00 🎲 Prize Bingo [AR] 3:00 🏠 Afternoon Tea Social [BSO] 4:00 🏠 Shuffleboard [AR] 6:00 🏠 Hot Chocolate Social, Fireplace [L]	4 9:00 🦋 Rosary 10:00 🏠 Fit For You - Noodle Ball [AR] 10:30 🎲 Pictionary [AR] 11:00 🎲 Activity Planning Meeting [BSO] 2:00 🎲 Bridge Club 3:00 🎲 Sign Language Classes [AR] 6:00 🏠 Mystery Movie Night	5 8:00 🏠 Veteran's Breakfast [DR] 10:00 🏠 Fit For You - Tai Chi Exercise [AR] 10:30 🦋 Bible Study [AR] 1:30 🏠 Art Throbs Club - Snowflake Art [AR] 3:30 🏠 Cheese & Spritzers Happy Hour [BSO] 6:00 🎲 Word Games [BSO]	6 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You, Exercise Class [AR] 10:30 🏠 Green Thumb Club [CTYD] 2:00 🎲 Dime Bingo [AR] 3:00 Mahjong 4:00 🏠 Tai Chi [AR] 6:00 🏠 Movie and Popcorn
7 9:00 🦋 Sunrise Walking Club! 10:00 🦋 Sunday Worship [AR] 11:00 🦋 Sunday Service - Broadcast Live on TV! [AR] 2:00 🎲 Bridge Club 3:00 🏠 Sunday Social	8 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You - Seated Exercise [AR] 10:30 🏠 Shopping at the Grocery Store 2:00 🎲 Prize Bingo [AR] 3:00 🎲 Activity Planning Committee [AR] 4:00 🎲 Legacy University [AR] 6:00 🏠 Bowling with Sandra	9 9:00 🦋 Prayer Circle - All Welcome [AR] 10:00 🏠 Fit For You - Cardio Drumming [AR] 10:30 🏠 Men's Club with Maintenance Director [AR] 2:00 🏠 Meet and Greet our New Residents Social 3:00 🎲 Dominoes 42 Club 3:30 🏠 Weekly Mahjong Club 6:00 🎲 Documentary Series - The World Around us	10 10:00 🦋 Fit For You, Yoga and Meditation! [AR] 10:30 🏠 Lunch at The Olive Garden, Italian Restaurant 2:00 🎲 Prize Bingo [AR] 3:00 🏠 Afternoon Tea Social [BSO] 4:00 🏠 Cornhole! [AR] 6:00 🏠 Hot Chocolate Social, Fireplace [L]	11 9:00 🦋 Rosary 10:00 🏠 Fit For You - Noodle Ball [AR] 10:30 🏠 Charades 12:00 🏠 Ambassador Luncheon [AR] 12:00 🎲 Ambassador Luncheon [AR] 2:00 🎲 Bridge Club 3:00 🎲 Sign Language Classes [AR] 6:00 🏠 Mystery Movie Night	12 10:00 🏠 Fit For You - Tai Chi Exercise [AR] 10:30 🦋 Bible Study [AR] 1:30 🏠 Art Throbs Club - Creating Table Decor for Family Night! [AR] 3:30 🏠 Cheese & Spritzers Happy Hour [BSO] 6:00 🎲 Word Games [BSO]	13 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You, Exercise Class [AR] 10:30 🏠 Green Thumb Club [CTYD] 2:00 🎲 Dime Bingo [AR] 3:00 Mahjong 4:00 🏠 Tai Chi [AR] 6:00 🏠 Movie and Popcorn
14 9:00 🦋 Sunrise Walking Club! 10:00 🦋 Sunday Worship [AR] 11:00 🦋 Sunday Service - Broadcast Live on TV! [AR] 2:00 🎲 Bridge Club 3:00 🏠 Sunday Social	Martin Luther King, Jr. Day 15 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You - Seated Exercise [AR] 10:30 🏠 Shopping at the Grocery Store 2:00 🎲 Prize Bingo [AR] 3:00 🎲 Craft Corner 4:00 🎲 Legacy University [AR] 6:00 🏠 Minute to Win It Game Night	16 9:00 🦋 Prayer Circle - All Welcome [AR] 10:00 🏠 Fit For You - Cardio Drumming [AR] 10:30 🏠 History Series with Executive Director [AR] 2:00 🏠 Sunshine Daycare Visits [AR] 3:00 🎲 Dominoes 42 Club 3:30 🏠 Weekly Mahjong Club 6:00 🎲 Documentary Series - The World Around us	17 10:00 🦋 Fit For You, Yoga and Meditation! [AR] 10:30 🏠 Shopping at the Mall 2:00 🎲 Prize Bingo [AR] 3:00 🏠 Afternoon Tea Social [BSO] 4:00 🏠 Courtyard Walk & Bird Watching [CTYD] 6:00 🏠 Hot Chocolate Social, Fireplace [L]	18 9:00 🦋 Rosary 10:00 🏠 Fit For You - Noodle Ball [AR] 11:00 🏠 Blood Pressure Clinic 2:00 🎲 Bridge Club 3:00 🎲 Sign Language Classes [AR] 6:00 🏠 Family & Friends Night [DR]	19 10:00 🏠 Fit For You - Tai Chi Exercise [AR] 10:30 🦋 Bible Study [AR] 1:30 🏠 Art Throbs Club - Painting Mountains with Watercolor [AR] 3:30 🏠 Cheese & Spritzers Happy Hour [BSO] 6:00 🎲 Word Games [BSO]	20 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You, Exercise Class [AR] 10:30 🏠 Green Thumb Club [CTYD] 2:00 🎲 Dime Bingo [AR] 3:00 Mahjong 4:00 🏠 Tai Chi [AR] 6:00 🏠 Movie and Popcorn
21 9:00 🦋 Sunrise Walking Club! 10:00 🦋 Sunday Worship [AR] 11:00 🦋 Sunday Service - Broadcast Live on TV! [AR] 2:00 🎲 Bridge Club 3:00 🏠 Sunday Social	22 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You - Seated Exercise [AR] 10:30 🏠 Shopping at the Grocery Store 2:00 🎲 Prize Bingo [AR] 4:00 🎲 Legacy University [AR] 6:00 🏠 Scrapbooking [AR]	23 8:00 🏠 Veteran's Breakfast Club [BSO] 9:00 🦋 Prayer Circle - All Welcome [AR] 10:00 🏠 Fit For You - Cardio Drumming [AR] 10:30 🏠 Music with Nathan on Piano [AR] 3:00 🎲 Dominoes 42 Club 3:30 🏠 Weekly Mahjong Club 6:00 🎲 Documentary Series - The World Around us	24 10:00 🦋 Fit For You, Yoga and Meditation! [AR] 10:30 🏠 Featured Movie at The Local Cinema 2:00 🎲 Prize Bingo [AR] 3:00 🏠 Afternoon Tea Social [BSO] 4:00 🏠 Volleyball Swat [AR] 6:00 🏠 Hot Chocolate Social, Fireplace [L]	25 9:00 🦋 Rosary 10:00 🏠 Fit For You - Noodle Ball [AR] 10:30 🏠 Charades 2:00 🎲 Bridge Club 3:00 🎲 Sign Language Classes [AR] 6:00 🏠 Mystery Movie Night	26 10:00 🏠 Fit For You - Tai Chi Exercise [AR] 10:30 🦋 Bible Study [AR] 1:30 🏠 Art Throbs Club - Wood Art [AR] 3:30 🏠 Cheese & Spritzers Happy Hour [BSO] 6:00 🎲 Word Games [BSO]	27 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You, Exercise Class [AR] 10:30 🏠 Green Thumb Club [CTYD] 2:00 🎲 Dime Bingo [AR] 3:00 Mahjong 4:00 🏠 Tai Chi [AR] 6:00 🏠 Movie and Popcorn
28 9:00 🦋 Sunrise Walking Club! 10:00 🦋 Sunday Worship [AR] 11:00 🦋 Sunday Service - Broadcast Live on TV! [AR] 2:00 🎲 Bridge Club 3:00 🏠 Sunday Social	29 9:00 🦋 Sunrise Walking Club! 10:00 🏠 Fit For You - Seated Exercise [AR] 10:30 🏠 Shopping at the Grocery Store 2:00 🎲 Prize Bingo [AR] 4:00 🎲 Legacy University [AR]	30 9:00 🦋 Prayer Circle - All Welcome [AR] 10:00 🏠 Fit For You - Cardio Drumming [AR] 10:30 🎲 Word Games [AR] 3:00 🎲 Dominoes 42 Club 3:30 🏠 Weekly Mahjong Club 6:00 🎲 Documentary Series - The World Around us	31 10:00 🦋 Fit For You, Yoga and Meditation! [AR] 10:30 🏠 Museum Visit 2:00 🎲 Prize Bingo [AR] 3:00 🏠 Afternoon Tea Social [BSO] 4:00 🏠 Noodle ball [AR] 6:00 🏠 Hot Chocolate Social, Fireplace [L]	Location Keys Activities Room AR Bistro BSO Courtyard CTYD Dining Room DR Lobby L 🎲 Intellectual 🏠 Physical 🏠 Social 🦋 Spiritual		