Winter 2023 - 24

Civitas Memory Care Sample Calendar

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 9:30 Daily Devotion - Hymns Sing-a-long 9:45 Fit For You 10:00 Fit For You, Exercise Class 10:30 Brain Games - Word Building 10:30 Spiritual 11:00 Coupon Cutting 11:00 Social 11:30 Intellectual 12:30 Leisure Time 1:00 Relax and Rejuvenate 1:30 Daily Chronicle 1:45 Noodle Ball 2:15 Brain Games - Pictionary 2:30 Physical 3:00 Intellectual 3:30 Social 4:00 Spiritual	2 9:30 Daily Devotion - Jesus Calling 9:45 Fit For You 10:00 Fit For You, Exercise Class 10:30 Spiritual 10:30 Wheel of Fortune 11:00 Sing-A-Long 11:00 Social 11:30 Intellectual 12:30 Leisure Time 1:00 Relax and Rejuvenate 1:30 Daily Chronicle 1:45 Dance Party 2:15 Scrapbook Club 2:30 Action Station- Winter 3:00 Intellectual 3:00 Manicures & Hand Massages 3:30 Physical 4:00 Spiritual	3 9:30 Daily Devotion - Pledge & Patriotic Songs [AR] 9:45 Fit For You 10:00 Fit For You, Exercise Class 10:30 Bible Study Series-Winter 10:30 Puzzles & Table Stations 11:00 Green Thumb Club 11:00 Social 11:30 Intellectual 12:30 Leisure Time 1:00 Relax and Rejuvenate 1:30 Daily Chronicle 1:45 Football Toss 2:15 Art Throbs Club 2:30 Physical 3:00 Intellectual 3:30 Social 4:00 Spiritual	4 9:30 Daily Devotion - Scripture Reading 9:45 Fit For You 10:00 Fit For You, Exercise Class 10:30 Brain Games - Name that Tune 11:00 Music Therapy- Winter 11:00 World Reminiscing 11:30 Intellectual 12:30 Leisure Time 1:00 Relax and Rejuvenate 1:30 Daily Chronicle 1:45 Sport Game - Baseball Bean Bag Toss 2:15 Brain Games - Word Building 2:30 Physical 3:00 Intellectual 3:30 Social 4:00 Spiritual 4:30 Worship Sing-a-long 5:30 Classic Movies	5 9:30 Daily Devotion - Bible Trivia 9:45 Fit For You 10:00 Fit For You, Exercise Class 10:30 Spiritual 10:30 State of the Month Photo Session 11:00 Fun Facts Friday 11:00 Social 11:30 Intellectual 12:30 Leisure Time 1:00 Relax and Rejuvenate 1:30 Daily Chronicle 1:45 Spice Club 2:30 The Cottage Social- Winter 3:00 Intellectual 3:30 Happy Hour Social 3:30 Physical 4:00 Spiritual 5:30 Classic Movies	6 9:30 Daily Devotion - Prayer Time 9:45 Fit For You 10:00 Fit For You, Exercise Class 10:30 Puzzles & Table Stations 10:30 Spiritual 11:00 Sing-A-Long 11:00 Social 11:30 Intellectual 12:30 Leisure Time 1:00 Relax and Rejuvenate 1:30 Daily Chronicle 1:45 Noodle Ball 2:15 Scrapbook Club 2:30 Social 3:30 Physical 4:00 Spiritual 5:30 Classic Movies
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