



MY MIRACLE MOMENT



Making Miracles Happen Daily



A  CMTAS SENIOR LIVING MANAGED COMMUNITY



At The Bluffs of Flagstaff, we make dreams come true

The Bluffs of Flagstaff is proudly managed by Civitas Senior Living, a team of passionate experts that provide all facets of senior living operations for communities nationwide. We have the privilege of serving some of the most extraordinary residents at our communities. Residents filled with passion, wisdom, history, dedication, and an abundance of dreams ready to come true. Once a quarter at each Civitas community, these amazing residents and their lives are celebrated by creating wonderful new memories with them and their loved ones. We have hosted numerous parties and reunions, planned vow renewals, honored veterans, enjoyed hot air balloon rides, gone two-stepping, and walked a marathon.

From small moments to large celebrations and everything in between, Civitas' My Miracle Moment program enables our communities to help residents feel as special as they are. On the following pages, you will experience a mere taste of how we celebrate our residents' lives. **At Civitas communities, miracles happen daily.**



WATCH
MY MIRACLE MOMENT
VIDEOS



FRED AND DOROTHY W. · CIVITAS SENIOR LIVING

True romance and devotion hold a special place in the hearts of all, especially over the course of 75 years. And a love like that deserves a celebration. “We’ve always loved each other, and that’s just all there is to it,” Fred said as he hugged his one true love, Dorothy. For an unforgettable *Miracle Moment*, the staff honored the 75th anniversary of Fred and Dorothy with a special vow renewal ceremony in front of their family and friends. Tears were shed. Hands were held. Everyone shared in the love of the moment. “We’ve been married for 75 years,” said Dorothy. “And when I said those vows, I meant those vows. I’ve been with him forever, and I’d do it all over again.” “Oh yes,” Fred agreed. “I’d do it again just like that.” It was a privilege to share this special moment with these lovebirds.





RAY M. • CIVITAS SENIOR LIVING

Ray is a lifelong motorcycle fanatic, and his family honored him by decorating his apartment with a large canvas of Ray crouching down with a motorcycle in his younger days. Honestly, the man looked like James Dean. For Ray's Miracle Moment, Civitas' leadership team wanted to get him around motorcycles again. With the help of Sun Coast Cycles, that dream came true. As soon as Ray saw the motorcycles outside the community, he left his walker behind, headed straight to one of the bikes, and swung his leg over it like it was nothing. It was literally like riding a bike. Ray started crying tears of joy as soon as he realized he was on the bike. Then A-Rod from Sun Coast Cycles took Ray for a spin around the parking lot. It was an emotional moment, with everyone's hearts going VROOM VROOM! The community Executive Director said it best: "This is why we do what we do."



JOHN C. • CIVITAS SENIOR LIVING

For most of his life, John had a passion for ultrarunning. He was even one of the founders of the Hard Rock Hundred Mile Endurance Run and a namesake 50K in Silverton, Colorado. In his 70s, a stroke, unfortunately, took most of his mobility. Now using a wheelchair, it seemed like there would never again be a finish line for John. However, Civitas Senior Living made sure all of that changed as the team cheered, encouraged, and helped John cross the finish line at the Carrollton Trails 5K. The team took turns pushing John in his wheelchair for the first portion of the race and then assisted him as he triumphantly walked the final 200 feet to the finish line. John's face beamed with joy and accomplishment. Through his Miracle Moment, John realized that he could still set goals and make them happen, all the while enjoying life, doing what he loves most, and keeping that competitive spirit engaged.





JIM AND PAT W. • CIVITAS SENIOR LIVING

After falling in love on the dance floor, Jim and Pat paid their way through college by teaching dance lessons. Inspired by the joy that first brought them together, Jim and Pat continued to teach and perform a range of dances over the 60 years they have been married. Today, in their Civitas Senior Living home, they continue to live out their passion by teaching weekly dance lessons to their friends and neighbors in the community. “The staff asked what we loved to do, and we said dance,” Jim said. The dance class was created so Jim and Pat could teach and share their passion with their fellow residents. “People come from all over to dance, and they just love it,” Pat said. “Older people who haven’t been able to dance for over 50 years and want to begin again take the class. It’s very rewarding.” For Jim and Pat’s Miracle Moment, the residents and staff honored the couple with a local dance competition and free tickets to Dancing With the Stars. “Legacy is so good because the people are so friendly and nice,” Jim said.





DR. JULIA D. • CIVITAS SENIOR LIVING

Julia's passion for teaching may only be surpassed by her love of China and its ancient history and tradition. During her career, Julia felt a strong calling to serve abroad and committed seven years of her life teaching English in China. She immersed herself into the culture and has fond memories of spending the Chinese New Year with her students, traveling to their homes, and celebrating the holiday with them. Julia still loves sharing her knowledge of the Middle Kingdom with her fellow residents and friends. As a special Miracle Moment, Julia was surprised by a fun, festive, and educational event in which she taught her fellow residents about Chinese culture. Afterward, everyone enjoyed an amazing performance by The Rising Phoenix Lion Dance Association and celebrated the Chinese New Year with thundering drums and clanging cymbals, finishing this Miracle Moment with a bang!





HAZEL B. • CIVITAS SENIOR LIVING

As soon as Hazel moved into Civitas Senior Living, she first asked, “When are we going to the casino boats? I’m ready!” That’s when the staff realized what they needed to do for Hazel’s Miracle Moment: Turn the community into a casino boat for her 105th birthday party extravaganza, complete with blackjack dealers and slot machines. But the good times didn’t stop there. The University of Texas at Tyler Spirit Squad kicked off the celebration with several “Happy Birthday” cheers. Mayor Don Warren proclaimed the day Hazel Day. U.S. Representative Louie Gohmert and his wife, Kathy, presented Hazel with a U.S. flag. The community was decked out in 105 red roses. And the community feasted on crab cakes, smoked salmon croquettes with caviar, and chocolate mousse cups, all prepared by the Civitas dining team. Burke Brack ended the evening with a dinnertime serenade just for Hazel as she wore her birthday tiara with pride. Hazel said she couldn’t have asked for a more perfect day.





CORKY B. · CIVITAS SENIOR LIVING

A retired firefighter from Fort Worth, Corky's passion for his former profession has never been extinguished, talking about his firefighting days all the time. Corky even has books and pictures of his firefighting days in his room. He'll be the first to tell you that firefighters are his family, and he misses his old station. After Corky's wife passed away, he joined the Civitas family. For a special *Miracle Moment*, the staff wanted to reunite Corky with his entire family. His old station team hadn't been together in years. Civitas surprised Corky with not only a room full of his former firefighting family members but also his sister, who he hadn't seen since before the pandemic. Upon seeing everyone, Corky cried tears of joy and said, "You have no idea what this means to me. I haven't seen them in years. I don't know if men are supposed to cry like this. But I love them."



LOREN “TOMMIE” T. · CIVITAS SENIOR LIVING

At 98 years old, Tommie was the last surviving World War II Veteran at his Civitas Senior Living community. With Veterans Day fast approaching, the staff wanted to make that year’s celebration extra special with a Miracle Moment for Tommie. The community gathered together to surprise Tommie with a special entrance and ceremony, honoring the man for his service to our country. “This was a total surprise,” Tommie said. “I didn’t come home with a bunch of medals, but they still recognized my service. And I appreciate that. It made me stick my chest out a little bit.” Tommie was awarded a special plaque commemorating his service. Music was played. Hands were shaken. Hugs were given. And, of course, tears flowed. “I appreciate that they appreciate me,” Tommie said. “This is a good place to live. It’s like living at home.”





NAOMI B. AND WALTER N. · CIVITAS SENIOR LIVING

True talent knows no age limit, and Civitas Senior Living loves honoring the skills of its amazing residents. For a particularly creative *Miracle Moment*, the community celebrated the art of two of its residents, Naomi and Walter, during an art show and open house. The community displayed a few of Naomi and Walter's favorite pieces. Fabulous food, beautiful artwork, and great friends made the day special. Afterward, two works of art were unveiled, hanging permanently in the community's art gallery for the entire community to enjoy. "This was beyond my wildest dreams. I can't believe how wonderful this is!" Walter said.



LUCY B. · CIVITAS SENIOR LIVING

Everyone loves the sights, sounds, and smells of a carnival. The food and fun rekindle those magic memories, making everyone feel young at heart. Civitas Senior Living resident Lucy especially loves carnivals, requesting many times if they could all attend one. So, the staff decided to bring the carnival to Lucy for her own special Miracle Moment! Full of clowns, entertainment, game booths, delicious food, a parade, and even a rainbow unicorn, it was a day full of laughter and love for residents, friends, family, and especially Lucy.



ELIZABETH D. • CIVITAS SENIOR LIVING

Civitas resident Elizabeth has a lifelong love of pirates and their seafaring tales, inspired by the books of Arthur Ransome. For Elizabeth's Miracle Moment, the staff surprised her with her own pirate-themed adventure: A sailing trip on Texas' Canyon Lake complete with pirate flags, an eyepatch for Elizabeth, and more treasurable moments. "This is the adventure of a lifetime," Elizabeth kept saying as she grinned ear to ear.



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Life should be vibrant and purposeful. Full and festive. Rich and rewarding. Life, simply put, should be lived. At Civitas Senior Living managed communities, we believe that a passionate purpose for everything and everyone is the difference between a good life and a great one. That's why we choose every program, activity, and amenity we offer with care and attention to detail. It's why we help and encourage everyone — from our residents and their loved ones to our employees and partners — to explore, discover, and do what they love, no matter their age or stage of life.

For Civitas, passion is our purpose and is present in everything we do. But it's also more than that. It's the difference between living — and thriving.



[CivitasSeniorLiving.com](https://www.CivitasSeniorLiving.com)





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FACILITY ID# AL12326C