

## STARTERS

### House Salad 🌿🍃🍏

salad greens, cucumbers, cherry tomato, red onions

### Fresh Fruit 🌿🍏🍏

hand-selected fresh, seasonal fruit

### Soup Du Jour

chef's daily soup, made with seasonal ingredients

## ENTRÉE SALADS

### Trio Salad

chicken salad, tuna salad, pimento cheese, fresh fruit, crackers

### Warm Spinach Salad

baby spinach, crispy bacon, red onion, goat cheese, toasted walnuts, warm bacon vinaigrette  
*add chicken | add salmon*

### Caesar Salad

romaine lettuce, caesar dressing, croutons, red onions, shave parmesan  
*add chicken | add salmon*

## HANDHELDS

*Served with your choice of french fries, onion rings, or tater tots*

### Classic Burger 🌿🍏

angus beef patty, american cheese, leaf lettuce, sliced tomato, red onions

### Homestyle Chicken Tenders 🌿🍏

homestyle chicken tenders, pepper gravy, texas toast

### Grilled Cheese & Tomato Soup 🌿🍏

sourdough bread, american & provolone cheese, tomato basil soup

### Patty Melt

toasted sourdough, angus beef patty, caramelized onions, provolone cheese

### Reuben Sandwich

corned beef, marble rye bread, swiss cheese, thousand island dressing

### Gulf Fried Shrimp

crispy gulf shrimp, lemon, cocktail or tartar sauce



MINDful  
Menu Choice



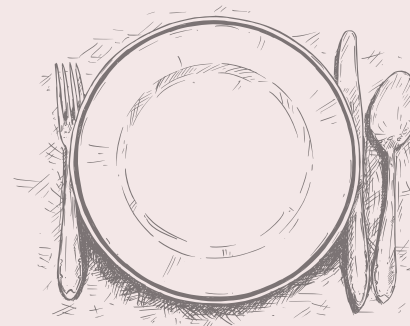
Gluten-free  
Option



Vegetarian  
Option

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*

 **VALLEY VIEW**  
SENIOR LIVING



## COMFORT

### Chicken & Wild Mushroom Alfredo

penne pasta, pan seared chicken, wild mushrooms, garlic, parmesan cream sauce, fresh herbs

### Homestyle Chili 🌿

homestyle chili, cheddar jack cheese, diced red onion, buttermilk cornbread or crackers

### Chicken Pot Pie

roasted chicken, carrots, peas, celery, creamy chicken stock, flaky pastry crust

## ENTRÉES

*Served with your choice of two sides*

### Country Fried Steak

breaded beef cutlet, pepper gravy

### Catch of the Day 🌿🍏

ask your server about today's selection

## SIDES

**Veggie Plate** - Your Choice of 3 sides

**Loaded Baked Potato**

**Baked Sweet Potato** 🍏

**Sautéed Vegetables** 🍏

**Fried Okra**

**Steamed Broccoli** 🍏

**Chef's Daily Vegetable** 🍏

## SUGAR RUSH

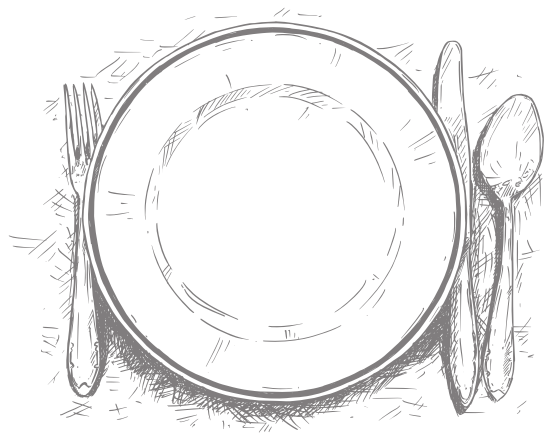
**Daily Cobbler**

*add ice cream*

**Sugar Free Dessert**

**Ice Cream**

**Blue Bell**  **Ice Cream**



## FROM THE GRIDDLE

### Buttermilk Pancakes

two buttermilk pancakes, applewood bacon or sausage, two eggs cooked to order

### Chocolate Chip Pancakes

two chocolate chip pancakes, applewood bacon or sausage, two eggs cooked to order

### Traditional French Toast

sourdough bread, vanilla custard, powdered sugar, applewood bacon or sausage, two eggs cooked to order

### Butter Pecan French Toast

sourdough bread, vanilla custard, powdered sugar, butter pecan sauce, whipped cream, applewood bacon or sausage, two eggs cooked to order

### Belgian Waffles

belgian waffle, warm maple syrup, applewood bacon or sausage, two eggs cooked to order



**MINDful**  
Menu Choice



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Option



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Option

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## TRADITIONAL

### Two Egg Breakfast

two eggs cooked to order, applewood bacon or sausage, white, wheat, or raisin toast

### Biscuits & Gravy

buttermilk biscuits, pepper gravy, applewood bacon or sausage, two eggs cooked to order

### Cheddar Sausage Biscuit

buttermilk biscuits, breakfast sausage, cheddar cheese, served with fresh fruit

### Cheese Omelet

three egg omelet, applewood bacon or sausage, white, wheat, or raisin toast

### Oatmeal

old-fashioned oats, brown sugar, cinnamon, butter, served with daily pastry offering

### Yogurt Parfait

vanilla yogurt, macerated berries, honey, granola, served with daily pastry offering

## SIDES

Hash Browns

Applewood Bacon

Sausage

Fresh Fruit

Cold Cereal

Sourdough Toast

Wheat Toast

Raisin Toast

## BEVERAGES

Coffee

Hot Tea

Apple Juice

Orange Juice

Cranberry Juice