

## STARTERS

### House Salad

salad greens, cucumbers, cherry tomato, red onions

### Seasonal Fruit

### Fresh Watermelon

## ENTRÉE SALADS

### Trio Salad

chicken salad, tuna salad, pimento cheese, crackers, fresh fruit

### Greek Salad

salad greens, cherry tomato, cucumbers, kalamata olives, feta cheese, lemon vinaigrette  
*add chicken | add salmon*

## HANDHELDS

*Served with your choice of french fries, onion rings, or tater tots*

### Classic Burger

angus beef, american cheese, leaf lettuce, sliced tomato, red onions

### Homestyle Chicken Tenders

homestyle chicken tender, pepper gravy, texas toast

### Haute Dog

grilled nathan frank, caramelized onions, stone ground mustard

### Chicken Salad Wrap

grilled chicken breast, applewood bacon, sliced avocado, sliced tomato, leaf lettuce

### Nashville Chicken Sandwich

crispy fried chicken, hot honey, cabbage slaw, pickles



**MINDful**  
Menu Choice



**Gluten-free**  
Option

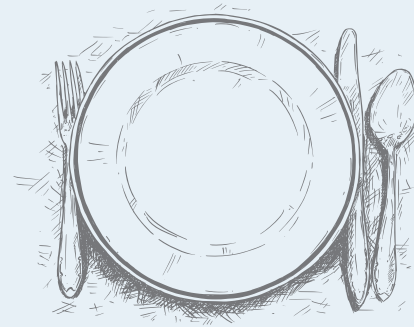


**Vegetarian**  
Option

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*

*The*  
**Ridglea**

A COMMUNITY FOR SENIOR LIVING



## PASTA

### Tortellini Alfredo

ricotta-filled tortellini, alfredo sauce, parmesan cheese, fresh herbs  
*add chicken*

### Linguine Pesto

linguine pasta, fresh basil pesto, parmesan cheese, cherry tomato, garlic  
*add chicken | add shrimp*

## ENTRÉES

*Served with your choice of two sides*

### Country Fried Steak

breaded beef cutlet, pepper gravy

### Catch of the Day

ask your server about today's selection

### Gulf Fried Shrimp

crispy gulf shrimp, lemon, cocktail or tartar sauce

## SIDES

### Loaded Baked Potato

### Baked Sweet Potato

### Fried Okra

### Grilled Asparagus

### Yellow Squash

## SUGAR RUSH

### Daily Cobbler

*add ice cream*

### Sugar Free Dessert

### Ice Cream

Blue Bell  Ice Cream

## BREAKFAST

### Buttermilk Pancakes

two buttermilk pancakes, applewood  
bacon or sausage, two eggs cooked to order

### Belgian Waffles

belgian waffle, warm maple syrup,  
bacon or sausage, two eggs cooked to order

### Biscuits & Gravy

buttermilk biscuits, pepper gravy,  
bacon or sausage, two eggs cooked to order

### French Toast

sourdough bread, vanilla custard, powdered sugar,  
bacon or sausage, two eggs cooked to order

### Two Egg Breakfast

two eggs cooked to order, white, wheat, or  
raisin toast, bacon or sausage

### Breakfast Croissant

warm croissant, fried egg,  
bacon or sausage, cheddar cheese

### Build Your Own Breakfast Omelet

Pick your ingredients, and we'll make it just how  
you like! Served with toast and your choice of  
hash browns or fresh fruit.

applewood bacon

red onion

bell pepper

fresh spinach

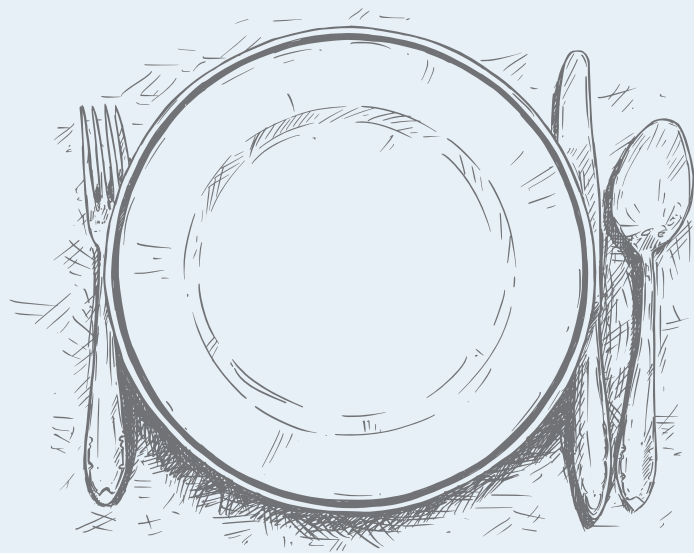
cherry tomato

cheddar cheese

sausage

mushrooms

pickled jalapeño



## BEVERAGES

Coffee

Decaf Coffee

Apple Juice

Orange Juice

Cranberry Juice

Hot Tea

## SIDES

Oatmeal

Yogurt

Fresh Fruit

White/Wheat Toast

Raisin Toast

Hash browns



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