



# West Fork

— AT WEATHERFORD —  
ASSISTED LIVING AND MEMORY CARE

## STARTERS

House Salad 🌱🍃🍏

Fresh Fruit 🌱🍏🍏

Soup du Jour

SAMPLE

## ENTREE

**Chicken Salad Wrap** 🍏🌱🍏

*Spinach & Herb Wrap, Cranberry Pecan Chicken Salad, Chopped Romaine Lettuce, Sliced Tomato, Fresh Fruit, Potato Chips*

**Tortellini Alfredo**

*Ricotta Stuffed Pasta, Marinara Sauce, Fresh Herbs, Parmesan Cheese*

**Cobb Salad** 🍏🌱🍏

*Salad Greens, Grilled Chicken Breast, Diced Eggs, Grape Tomato, Bacon, Sliced Red Onion, Blue Cheese Crumbles, Avocado, Dressing of Choice*

**Ultimate BLT** 🌱

*Sourdough Bread, Applewood Bacon, Sliced Tomato, Leaf Lettuce, French Fries*

**Twenty12 Burger** 🌱🍏

*Angus Beef, American Cheese, Lettuce, Tomato, Red Onions, Pickles, French Fries*

**Homestyle Chicken Strips** 🌱🍏

*Homestyle Chicken Tenders, Pepper Gravy, Texas Toast, French Fries*

**Fried Gulf Shrimp**

*Fried Gulf Shrimp, Cocktail or Tartar Sauce, Lemon Wedges, French Fries*

**Trio Salad**

*Chicken Salad, Tuna Salad, Pimento Cheese, Fresh Fruit, Crackers*

**Country Fried Steak**

*Beef Cutlet, Pepper Gravy, Texas Toast, Your Choice of Two Sides*

**Catch of the Day** 🍏🌱

*Chef's special of the day with seasonal accompaniments. Ask Server for Details.*

## SIDES

**Loaded Baked Potato**

**Baked Sweet Potato** 🍏

**Fried Okra**

**French Fries**

**Onion Rings**

**Sauteed Zucchini** 🍏

**Roasted Cauliflower** 🍏

**Chef's Daily Veggie**

**Sauteed Vegetables** 🍏

Vegetarian Option 🌱

Gluten Free 🌱

MINDful Menu 🍏

*Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*